

*Improve your
relationship in
just 8 weeks!*

Couples Workshop

Enrolling now

Secure your spot

Offering 8 weekly evening
sessions

Proven tools to help couples:

- **Improve friendship, fondness, and admiration**
- **Enhance romance and intimacy**
- **Manage conflict constructively**
- **Gain skills to address perpetual and solvable problems**
- **Create shared meaning**
- **Maintain gains throughout a lifetime**
- **Based on the Gottman's Method of**

the Seven
**Principles *for* Making
Marriage Work**



**Cost: \$65 per couple
per week includes all
material**

Contact 732-851-3056 or
info@essentialtherapynj.com to
register

Visit us at
www.essentialcounselingnj.com

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