

# ***Relationship Transitions Group***

***Beginning in March 2024***

A safe place to...

Talk through your healing in a group setting  
Share your experiences and let go of negative  
emotions

**\$35 per session**

**Wednesday 6:30-7:30**

***Contact 732-351-0411 or  
info@essentialtherapynj.com to register***

***Visit us at [www.essentialcounselingnj.com](http://www.essentialcounselingnj.com)***

***Essential Counseling Therapy  
Services***

***215 Gordon's Corner Road Suite 1F  
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